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Subject: Minoxidil oral :: Effectiveness and Safety of Low-Dose Oral Minoxidil in Male Androgenetic Alopecia

Posted by [xWannes](#) on Wed, 22 May 2019 13:45:55 GMT

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Recht deutliches (positives) Ergebnis.

Zitat:Low-26 dose oral minoxidil (OM) has been successfully used in female hair loss (0.25-1.25 mg daily), but there are scarce reports in male androgenetic alopecia (MAA). The objective of our study was to evaluate the effectiveness and safety of low-dose OM (2.5-5 mg daily) in men with MAA.

Zitat:TAKE-HOME MESSAGE

Of 41 male patients (mean age, 33.3 years; range, 20-55 years) with androgenetic alopecia who received oral minoxidil monotherapy (2.5 or 5 mg daily) for a minimum of 6 months, 37 patients (90.2%) had clinical improvement, which was marked in 11 of them (26.8%). Only 4 patients (9.8%) demonstrated stabilization of their alopecia; however, none of these patients experienced worsening of the condition. Adverse effects included hypertrichosis (24.3%), lower limb edema (4.8%), and shedding (2.4%).

Results of this retrospective study indicated that oral minoxidil at 2.5 mg and 5 mg daily can be an effective therapy for male androgenetic alopecia, with a mild side-effect profile.

- InYoung Kim, MD, PhD

Gefunden auf Practice Update

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